

## CALL FOR BOARD OF DIRECTORS OR COMMITTEE MEMBERS

Who we are: Distress and Crisis Ontario (DCO) is the provincial networking association of Distress, Crisis and Suicide Prevention lines and chat and text services in the province of Ontario. We have been actively supporting and strengthening our member organizations for over thirty years. Currently we represent twenty-two locations throughout the province. These organizations provide telephone, chat or text support and assistance to individuals in distress, crisis or suicidal. Our member organizations all have a strong community focus, and provincially we look to developing strong partnerships and collaborative working relationships with other organizations in Ontario. DCO is funded by the Ministry of Health and Long Term Care and is governed by a Board of nine to eleven directors.

Who we are looking for: DCO is looking for individuals who have a strong commitment to improving the quality of life for Ontarians experiencing distress or mental health problems and supporting activities related to suicide prevention. There are positions open for Executive leaders and Community members with specific skills, abilities or experience. These individuals will have proven leadership and board experience, strong organizational or subject matter expertise, strategic foresight and wish to be considered for election to the Board of Directors of Distress and Crisis Ontario or one of its committees.

What is involved: For Board Members, the time commitment is approximately six to twelve hours every two months. Board meetings are held in-person four (4) times per year and there are ad hoc meeting via teleconference as needed. Board Members are expected to also attend in-person the Planning/Review day and the Annual General meeting in a location close to the GTA. For Committee members the time commitment is approximately three hours per month. These are volunteer positions with no financial compensation.

**How to apply:** Persons interested in applying to become Board or Committee Members please call 416-486-2242 to request an application or to receive more information. You may also download an application from our website at <a href="https://www.dcontario.org">www.dcontario.org</a>.

DOC's upcoming Annual General Meeting is scheduled for Friday, June 23<sup>rd,</sup> 2017. Applications submitted by June 5<sup>th</sup>, 2017 will be considered for this Board and/or Committee year. However, please submit your application at any time during the year and it will be considered for the next nomination round.

Thank you very much for your interest in serving on the Board of Directors or one of the committees of Distress and Crisis Ontario