

April 2019

"You make a living by what you get. You make a life by what you give."
"Volunteers are the only human beings on the face of the earth who reflect this nation's compassion, unselfish caring, patience, and just plain loving one another." Aug 27, 2015 VolunteerMatch.org

Registration is now open for DCO's June 2019 Conference. Join us for this opportunity to learn from experts in the field, from your peers, and your colleagues! [Click here for the conference brochure.](#) [Click here to register.](#) Please note that registrations close on May 29th.

NEWS BULLETIN

On April 18, 2019, Bill 74, The People's Health Care Act was passed in legislature. This legislation will guide the restructuring of the province's health care system and includes:

- Establishing Ontario Health Teams. This new model will integrate care and funding to connect health care providers and services around patients and families in the community. These coordinated teams will be responsible for delivering care, understanding patients' health care history, connecting patients to the different types of care they need and navigating the health care system.
- Integrating multiple provincial agencies into a single agency called Ontario Health which will provide a central point of accountability and oversight to the health care system.
- Improving access to secure digital tools, including online health records and virtual care options for patients.



[Read more...](#)

Getting Passion Out of Your Profession: How to keep loving your living, come what may

Are you getting passion out of your profession? If you won the "big lottery," what profession would you choose? Your current position? Or would you say, "So long, it's been grand," and head for an extended vacation? When I ask my conference audiences this question, most declare they'd pursue some profession that's totally different from their current post. Some say they wouldn't ever



"work" again, but you'd probably eventually get bored of being so rich and idle, and would want to make a professional contribution. Even Bill Gates and Oprah Winfrey go to work!

[Read more...](#)

TorchLight's Call-Out Program: Part 2

TeleCheck Client's quote:

"I just want to express my thanks to each and every one who take time to call me each day. It means so much to that someone cares about me and Sassy (her cat), and our situation every day. I am very Blessed and in return I send my Blessings to you. You are all one in a million."



This month we present the second and final part of the article on TorchLight's TeleCheck Dufferin Call-Out Program. We thank Katherine Johnson from TorchLight for sharing with our readers the great work they are doing in their community.

[Read more...](#)

2019 Spirit of Volunteerism: Introducing our Recipients

In conjunction with National Volunteer Week, Distress and Crisis Ontario is happy to help our member organizations celebrate their volunteers. Our sector is blessed with volunteers who bring a particular sense of compassion, dedication and commitment to their work.

Early April is a busy time of year for our members, which is reflected in the number of nominations received this year. But it certainly didn't affect the excellent quality of the nominees, which made for a difficult decision for our Selection Committee.

From the six nominations received, it is with great pleasure that we announce the two recipients selected:

[Read more ...](#)

12th Annual
Spirit
of
Volunteerism
Recognition

DCO Updates

- DCO has been busy getting acquainted with the evolution and formation of the Ontario Health Teams. [Click here to see the article.](#)
- We have been getting the SOV nominations and recipients' process completed. [Click here to see bios of our nominees.](#)
- We have been involved in getting the June conference planning underway.



National Volunteer Week: Celebrating Acts of Service

A lot has been said about the benefits of traveling. It can energize you and broaden your horizons. Travel can humble and inspire you, and help put your life and daily routines in perspective. After traveling to New Delhi, India a few weeks ago, I certainly came home feeling all those things.

While there, I learned through our affiliate organization, [iVolunteer](#), that some of India's leaders are asking their citizens an important

question: Is it possible for the entire Indian population to volunteer? Imagine the impact of 1.3 *billion* acts of service. By 2028, India will be the largest country in the world by population. Wow, I thought, what a very big question and aspiration.

[Read more...](#)



DCO Podcasts

We have had some slight delays, but our first podcast season is almost ready and will be premiered in May.



DCO's June Conference

We are very excited about the Keynote speaker, Nina Spencer, regarding "getting passion out of your profession" on Wednesday night for the kick-off dinner.

Thursday will be an informative day with with keynote speaker Harriet Ekperigin, followed by information on Big White Wall and Bounceback in the morning, and in the afternoon there will be tabletop discussions followed by information sharing on DCO and our member organization activities.

Friday we will have a couple of open mic sessions: Ontario Health Teams in the morning, and Volunteerism in the afternoon. This will be followed by the Annual General Meeting and Spirit of Volunteerism recognition event in the evening.

We are looking forward to meeting everyone, sharing information, and strengthening our relationships.

[Click here to register for the Conference](#)

[Click here to register for the Spirit of Volunteerism Recognition Event](#)

PLEASE NOTE: The Holiday Inn in Kitchener is undergoing a branding change and at the time of our conference will be an independent Sunbridge Hotel & Conference Centre before the transition to a Double Tree by Hilton in July.

[Click here for the conference brochure](#)



News From Our Member Centres

Did someone say chocolate? Celebrate the **Distress Centre of Ottawa & Region's** 50th anniversary at our Chocolate Affair Gala, on Saturday, May 11th, 2019. The annual event boasts a four-course chocolate-infused dinner, entertainment, sweet chocolate treats



by local chocolatiers, and a silent auction and a raffle draw with amazing prizes!

The Distress Centre is celebrating 50 years of service in 2019, so your attendance will be a part of our history! [Click here](#) for more information.

Donate to Distress and Crisis Ontario and thank you for your support! Please [click here](#) to donate.



DCO 2019 Upcoming Events and Schedule of Meetings

DCO Summer Conference

June 19-21, 2019
Holiday Inn, Kitchener

DCO Annual General Meeting

Friday, June 21
Holiday Inn, Kitchener

Spirit of Volunteerism Gala Recognition Event

Friday, June 21
Holiday Inn, Kitchener

Board of Directors Meetings

Thursday, June 13

Podcast Sub-Committee

Monday, May 6
Monday, May 20

Review & Realign Sub-Committee

Thursday, May 9
Thursday, May 23

ONTX Steering Committee

Monday, May 13



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