

February 2017

2017 Spring Conference for DCO and Community Members

DCO will host their 2017 Spring Conference, March 23 in Niagara Falls, with a focus on suicide prevention and intervention. Member centre senior leaders and interested members of the community are invited to join us for a full day of programming.

We are pleased to announce our two guest speakers, Allan Strong and Dr. Marnin Heisel. Allan Strong is our opening keynote speaker and will present *Reducing Suicide Related Behaviours Through a Group-Based Intervention*. Dr. Heisel will start the afternoon session with his presentation, *Mental Health and Suicide in Older Adults*.



[Read more...](#)

National Suicide Prevention Service (NSPS): Phone, Text, Chat

The National Suicide Prevention Service (NSPS) is integrating existing regional distress, crisis, and suicide lines, and chat and text services across Canada into a 24/7 single access, free-to-the-user confidential support to individuals who are in crisis, considering suicide, or affected by suicide. DCO member organizations are regularly updated on the status of the project and many are active participants on the various committees and working groups. Several are scheduled to be pilots for the project.



**National Suicide
Prevention Service**
Service national de
prévention du suicide

Nationally available, regionally delivered

[Read more...](#)

Levels of Engagement and the Effect on Caller Imminent Suicide Risk

In a recent study published in *Suicide and Life-Threatening Behaviour*, researchers examined clinical characteristics of crisis callers assessed by telephone call responders as being at imminent risk of suicide, and the interventions implemented with these callers. Their findings provide a first step towards an empirical formulation of imminent risk warning signs and recommended interventions.



[Read more...](#)

Talk4Healing: DCO's Latest Lunch & Learn

Earlier this month, DCO network leaders participated in a Lunch & Learn that outlined a distinct and unique Northern Ontario helpline that serves the Aboriginal community. The service offers support to those who live both off and on reserves; in urban, rural and remote locations.



[Read more...](#)

10th Annual Spirit of Volunteerism Nominations

DCO recognizes the importance of volunteers to our crisis and distress centre organization members, and the impact they have on their organizations and their communities. Volunteers are the core of the work we do and we are pleased to once again recognize them with the 10th Annual Spirit of Volunteerism.



[Read more...](#)

DCO Upcoming Events and Schedule of Meetings

DCO 2017 Spring Conference

March 23, 2017
Double Tree, Niagara Falls, Ontario

DCO Board of Directors

May 3, 2017
June 28, 2017
October 25, 2017

Upcoming Learning Forums Videos

Diversity, Equity & Inclusion
CNIB: The Blind or Partially Sighted



News from our Member Centres

TorchLight is delighted to welcome Heather Glenister to their dedicated team of volunteers, staff, and board of directors, as the new Volunteer Coordinator.



As a University of Guelph alumnus with a Master's degree in Public Administration and Public Policy, Ms. Glenister has spent close to twenty years in the health-care philanthropic and fundraising world. She brings a long history with the Canadian Mental Health Association, and has acted as the Coordinator for the Suicide Awareness Council Wellington Dufferin. She is passionate about building communities that support mental well-being and resiliency.

Please join us in welcoming Heather Glenister to the Torchlight team!

Please [email](#) us to share your centre's news and upcoming events in e-News & Views.

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