



## August 2015

Registrations are now open for DCO's 2015 Fall Conference. Join us September 24 - 25, 2015 at the Holiday Inn Yorkdale for two days of learning and networking! Click for the [full conference brochure](#) and [registration](#).

You can also register for the [2015 Spirit of Volunteerism Recognition Dinner](#) as we celebrate our volunteers on Friday, September 25th.

### DCO Fall 2015 Conference

The DCO's Fall Conference is the third offering in the Making the Pieces Fit series, with a focus on partnership development and new service opportunities. Several interesting speakers will help conference attendees refine their appreciation of what community partnerships are possible as we strive to ensure that individuals with mental health concerns or who are suicidal are kept safe.

[Read more...](#)

#### Reaching Out to New Partners, Realizing New Opportunities



**Making the Pieces Fit**

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### New Program and Service Recognition Award

The Board of Directors of DCO has initiated a process of recognition and a new organizational award which highlights the achievement of our member organizations and recognizes their programs and services.

Distress and Crisis Ontario / Détresse et Crise Ontario (DCO) has always been proud of the many significant programs and services that its membership offers their communities. They are as varied as the organizations that provide them, but all are an integral part of psycho-social safety net which keeps individuals at risk or in distress out of harm's way.

[Read more...](#)



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### Fundraising: Conduct Your Research

Fundraisers know that understanding their donor base is crucial. Research into demographics and psychographics are key to get to know your organization's donor base. During interviews with supporters, consider the following questions and decide what would be the most appropriate in your donor research.

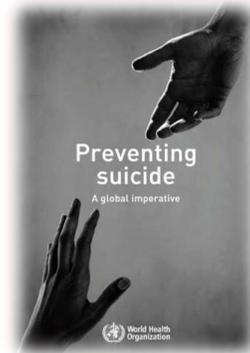


[Read more...](#)

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## World Suicide Day: WHO Report

Since 2003, the International Association of Suicide Prevention has recognized September 10 as a day of action for suicide prevention. This year's theme, Preventing Suicide: Reaching Out and Saving Lives, encourages us to consider how offering support may play in combating suicide. It is an initiative of the International Association for Suicide Prevention (IASP) and the WHO (World Health Organization), with whom IASP is in official association.

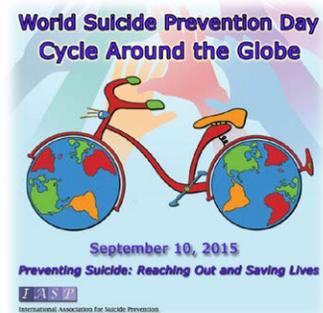


[Read more...](#)

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## World Suicide Day: Cycle Around the Globe

The International Association of Suicide Prevention (IASP) is hosting the third annual [Cycle Around the Globe for World Suicide Prevention Day](#) event, where individuals and organizations from all across the world cycle (and in some cases walk) to raise suicide prevention awareness. This activity is about the global community spreading awareness of the importance of suicide prevention.



[Read more...](#)

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## How to Cure the End-of-Summer Blues

We all know what it feels like: the sinking feeling that sets in when we look at our calendar and see summer's end coming closer. It reminds us of when we were young and the new school year in September loomed around the corner. One day we're basking in the sun, believing the summer will last forever and the next day we're gripped with a sense of dread - summer's almost gone! But we have so much left to do! That panic can literally take our breath away and even lead to the end-of-summer blues.



[Read more...](#)

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## DCO Upcoming Events and Schedule of Meetings

### DCO 2015 Fall Conference

September 24-25, 2015

Location: Holiday Inn Yorkdale, Toronto

**DCO 2015 Annual General Meeting**  
Friday, September 25 - 5:00 pm  
Location: Holiday Inn Yorkdale, Toronto

**Spirit of Volunteerism Recognition Dinner**  
Friday, September 25 - 6:00 pm  
Location: Holiday Inn Yorkdale, Toronto

**Upcoming Learning Forums Videos**  
August: First Nations - Cultural Sensitivity  
September: Epilepsy Part 1 - Understanding Epilepsy  
October: Epilepsy Part 2 - Epilepsy, Its Impact on Family

**Board of Directors**  
September 9  
September 25 (AGM)  
November 11

**Education Committee**  
August 27  
October 22  
November 26

**Finance Committee**  
September 8  
November 9

**ONTX Steering Committee**  
August 25  
September 9



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## News from our Member Centres

[Telecare Cambridge](#) will hold a candlelight vigil on September 10 to honour International Suicide Prevention Day.



**TELECARE  
CAMBRIDGE  
DISTRESS CENTRE**

Telecare Cambridge Distress Centre  
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E: info@telecarecambridge.com

**On September 10, 2015**

**The International Suicide Prevention Day**

We are holding a candlelight vigil to honor  
all who are affected by suicide

7:30pm to 8:30pm  
Mill Race Park on Water Street, Cambridge

www.telecarecambridge.com

Please [email](#) us to share your centre's news and upcoming events in e-News & Views.

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