

July 2015

Our newsletter is now mobile friendly. Enjoy reading this on your computer, your cell phone, or your tablet.

ONTX: Ontario Online and Text Crisis Service Is Now Available

ONTX, the Ontario Online and Text Crisis Services soft-launched on June 29, and within hours began receiving chats and texts from individuals seeking emotional support, suicide prevention, and crisis management. The service receives an average of 9 chats or texts per 12 hour period (but have seen as many as 18 per day), with many interactions lasting one hour or longer.



[Read more...](#)

Fundraising: Know Your Donor Base

Over the next few months, DCO presents a short series on fundraising to help your organization with its fund developments goals and efforts.

Not-for-profits should always launch into a fundraising campaign by laying the necessary groundwork. The key to fundraising success is always in the preparation.



[Read more...](#)

Grant Writing: Tips to Attract Funds and How Much to Ask For

In his article, *Grant Writing: Compelling Ideas Attract Funding*, Phil Johncock says that grant funding sources like foundations, corporations, government agencies, and individual donors prefer to fund projects that are:

- Original,
- Solutions to Problems,
- Timely,
- Compelling,
- High Impact,
- Sustainable,
- Replicable, or
- Green.



[Read more...](#)

Managing Your Payment Fraud Risk

No matter the type of business, the risk of fraud is always present. This checklist includes a number of best practices you can implement to help prevent payment fraud and protect yourself from data breaches.

[Read more...](#)



Learning Forums: Focus on Autism

Autism and Autism Spectrum Disorder or ASD, are often used interchangeably. The conditions or disorders identified on the autism spectrum are the result of a neurological disorder that has an effect on normal brain function, which affects the development of the person's communication and social interaction skills. It can also cause significant impairment to interpersonal, occupational, and other areas of functioning. Autism characteristically affects one's response to physical contact, loud noises, smells, and light.

[Read more...](#)



A Guide to Business Continuity and Disaster Recovery Planning

Business Continuity and Disaster Recovery planning are integral parts of overall risk management for any organization. Since all of the risks cannot be eliminated, companies are implementing Business Continuity and Disaster Recovery plans to prepare for potentially disruptive events. Both processes are equally important as they provide detailed strategies on how the business will continue after severe interruptions and disasters.

[Read more...](#)



DCO Upcoming Events and Schedule of Meetings

DCO 2015 Fall Conference

September 24-25
Location: GTA

DCO 2015 Annual General Meeting

Friday, September 25

Spirit of Volunteerism Recognition Dinner

Friday, September 25

Upcoming Learning Forums Videos

July: Newcomers and Settlement Issues
August: First Nations - Cultural Sensitivity

Board of Directors

September 16



September 25 (AGM)
November 11

Education Committee

August 27
September 24
October 22
November 26

Finance Committee

September 8
November 9

ONTX Steering Committee

August 11
August 25

News from our Member Centres

Durham Distress Centre: Deer Creek Cares Charity Golf Tournament

August 13, 2015

Located at Deer Creek Golf Club in Ajax, DCD has been chosen as the charity of choice by employees at Deer Creek for their Annual Golf Charity Tournament. All funds from the tournament will go to Distress Centre Durham.



Telecare Cambridge Distress Centre will hold their second annual Suicide Candlelight Vigil in support of those affected by suicide and in conjunction with International Suicide Prevention Day. on September 10th at 7:30 p.m. at Mill Race Park on Water Street in Cambridge. (If raining, the vigil will be moved to St. Paul's Lutheran Church on Grand Avenue, Cambridge.) We will have a guest speaker and music with the candle lighting ceremony at 8:00 p.m.

Distress Centre Oakville held their first annual Defeat Depression Walk on Saturday, May 30th at Lions Valley Park in Oakville. We had spectacular weather and an amazing turn-out. The event raised a lot of awareness about depression and our services, and we raised \$18,000! We're thrilled with the participation of volunteers and the community and we're looking forward to next year's event!



Please [email](#) us to share your centre's news and upcoming events in e-News & Views.

Distress and Crisis Ontario | Centres de Détresse et des Crises d'Ontario
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