

April 2012

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Upcoming Events...

Spirit Of Volunteerism Recognition nomination deadline:
June 29, 2012

Webinar series - Understanding Mood Disorders:
May 2, 9, 16, and 29
Deadline to register:
April 30, 2012

ED Exchange:
June 20th, 2012
London
November 15, 2012
Oakville/Mississauga/QEW area

Distress Line Networking Day:
Sunday, October 14th, 2012
Sheraton on the Falls,

1800suicideONTARIO Update

By Asha Croggon,
1800suicideONTARIO Coordinator

The 1800suicideOntario project requires commitment at all organization levels. The open dialogue coming out of various working groups and the project's Steering Committee has been critical to translate the tools and experience from the implementation of B.C.'s suicide line into the resources needed to meet Ontario's specific goals. We are now moving from the development/planning phase and into implementation. The focus will now be on working with individual centres to share these resources and support those interested in meeting the readiness criteria and joining the provincial 1800suicideONTARIO network.

The revised Ontario Provincial Network Criteria has been distributed to all DCO Member centres as part of an initial review process. It integrates the criteria established within B.C., various accreditation requirements, and opportunities specific to Ontario. A delay in distribution allowed for the integration of protocol and risk assessment information from the National Suicide Prevention Line in the U.S., making the final document more robust and in line with better practices...[read more](#) .

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2010 Canadian Survey of Giving, Volunteering and Participating (CSGVP) - Part One

By Andy Levy-Ajzenkopf, edited by Leah Morrigan

Every three years, Stats Canada releases its survey of Giving, Volunteering, and Participating to measure how many



Niagara Falls, ON

**DCO AGM & SOV
Recognition and Awards
Dinner:**

Sunday, October 14th
Niagara Falls, ON

CASP 2012:
October 15 - 17
Niagara Falls, ON

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learningforums.ca
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your volunteer coordinator.

**2012 DCO Committee
Meetings...**

**1-800 Steering Committee
Meetings:**
May 16

**CASP2012 Steering
Committee Meetings:**
May 25

**Education Committee
Meetings (Thursdays):**
May 17
June 21
July 19
August 23
September 20
October 18
November 15
December 20

**DCO Board of Directors
2012/2013 Planning
Session:**
May 8 - Angus Glen Golf
Club, Markham

**Board of Directors Meetings
(Tuesdays):**
July 10
September 11
November 13

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Canadians are giving back to their communities. The latest report, showing the 2010 statistics shows 24 million Canadians made donations to charities in 2010. This means that close to 84% of us donated \$10.6 billion to charitable causes - an average of \$446 per person.

But even with this large number, the survey indicates that the total amount of donations and volunteer time remains unchanged from the 2007 numbers...[read more](#) .

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Education Updates

by Lynn Brewin, Education
Coordinator



Coming out in early May, Learning Forums subscribers can look forward to the launch of a new training module, *Dementia*, featuring Loretta Tanner. Ms Tanner is a Public Education Coordinator for the Alzheimer Society in Durham with over 30 years' experience working in the seniors' mental health field. Viewers of her vignette will be introduced to the importance of early detection, symptoms of dementia, and strategies for distress line call responders.

Over four Wednesday evenings in May (May 2, 9, 16, & 23), DCO's Learning Forums will be sponsoring Understanding Mood Disorders. Dr. Ahmad Nashef, a Counselling Psychologist from Guelph will deliver the insightful information to augment the skill base of distress line responders. Currently there are over 190 registrants for the session, but there are some spaces left... [read more](#).

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2012 National Volunteer Week

During the 2012 National Volunteer week (April 15-21), Distress Centres Ontario honoured its 1613 volunteers with special certificates to recognize their hard work and dedication to the distress line movement.

We appreciate the hours and the commitment our wonderful volunteers bring to Ontarians in need across the province and look forward to celebrating with the Spirit of Volunteerism nominees at the recognition dinner in October in Niagara Falls.



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