

April 2013

In this issue:

[DCO Spring 2013 Networking Days](#)

[2013 Spirit of Volunteerism Recognition Nominees and Recipients Announced!](#)

[SIOM - Statistics, Information and Outcome Measures](#)

[Can Post-Discharge Follow-up Contacts Prevent Suicide and Suicidal Behavior?](#)

[Compensation - Salaries and Wages in the Distress/Crisis Sector](#)

Upcoming Events:

DCO Spring Networking Days:
How to be an Ally - May 15
Networking Day - May 16
Delta Toronto Airport West, Mississauga

DCO AGM
Friday, Sept 20, 2013
(Location TBD)

SOV Recognition Dinner
Friday, Sept 20, 2013
(Location TBD)

Distress Centre Ottawa & Region
[6th Annual Chocolate](#)

DCO Spring 2013 Networking Days

Distress Centres Ontario is pleased to offer a two-day training and networking session, May 15th and 16th, 2013, at the Delta Toronto Airport West, 5444 Dixie Road in Mississauga, Ontario. The conference will begin with breakfast and registration at 8:30am on Wednesday, May 15th and end with closing remarks at 3:30pm on Thursday, May 16th.

DCO Networking Days are of interest to those who work in the distress and crisis line support field; providing networking and information sharing, learning opportunities, support to our member centres and partner organizations, and fostering the development of distress line programs and crisis line services throughout Ontario. [Read more.](#)

Click to [register](#) for either or both days, or click to see the [event brochure](#).



2013 Spirit of Volunteerism Recognition Nominees and Recipients Announced!

Volunteers are a precious resource of DCO's member organizations, and instrumental in making this network strong. Distress Centres Ontario is proud of all the volunteers who serve Ontarians through their member centres. They serve with compassion and dedication, upholding the ideals of the distress line movement, whether listening with empathy or providing leadership within their centres.

Again this year, the Selection Committee is delighted to acknowledge the high quality volunteers nominated for the 2013 Spirit of Volunteerism Recognition in memory of Rev. Chad Varah, and we are pleased to introduce this year's nominees and recipients. [Read more.](#)

[back to the top](#)



Affair

Thursday, May 2
Ottawa Convention
Centre

Distress Centre
Durham
Martini and
Manicure Event
May 14
Class Act Dinner
Theatre, Whitby
Call [905-430-
3511](tel:905-430-3511) for information.

Distress Centre North
Halton
40th Anniversary
Saturday, May 25
Georgetown Legion.
[Email for information.](#)

B.A.D. Ride
(Bikers Against
Despair)
Sunday, May 26

Distress Centre
Niagara
First Annual Golf
Tournament
Friday, June 7
Hunters Pointe Golf
Club, Welland, ON
[Email for
information.](#)

Oakville Distress
Centre
[6th Annual Oakville
Civitan Club Charity
Golf Classic](#)
Saturday, June 8
Glen Abbey

New content each
month!
learningforums.ca
Get a password
through your centre's
volunteer coordinator.

2013 DCO
Committee
Meetings:

Education

SIOM - Statistics, Information and Outcome Measures

DCO's mission is to support and build the capacity of our member centres. Our member centres aim to empower, empathize, and support those who use our services. Member centres have long used call report data to better understand their callers and how to grow the services they offer.

With the consolidation of data at a provincial level, DCO has the ability to provide both insights to the public and policy makers as well as our association member centres in order to improve services for our callers and link more effectively with partner groups of service providers. [Read more.](#)

[back to the top](#)

Statistics
Information
Outcome
Measures

Can Post-Discharge Follow-up Contacts Prevent Suicide and Suicidal Behavior? (A Review of the Evidence)

The time period following discharge from inpatient psychiatry and emergency department (ED) treatment is one of heightened risk for repeat suicide attempts for patients. Evidence reported in academic literature shows that follow-up contacts might reduce suicide risk. A paper by David D. Luxton, Jennifer D. June, and Katherine Anne Comtois in *The Journal of Crisis Intervention and Suicide Prevention*, Volume 34, #1, 2013 aimed to evaluate evidence of the effectiveness of suicide prevention interventions that involve follow-up contacts with patients.

The team reviewed several published empirical studies of follow-up interventions with suicidal behaviours (suicide, attempts and ideation) and various contact modalities including telephone, postal letter, post cards, in-person, and technology-based methods (e-mail and texting). Of the eight original studies reviewed, five showed statistically significant reduction in suicidal behavior, four had mixed results, and two did not show a preventive effect. They concluded that repeated follow-up contacts appear to reduce suicidal behaviour, but felt additional randomized controlled trials were necessary to determine what specific factors might make follow-up contact modalities or methods more effective than others [Read more.](#)

[back to the top](#)



Compensation - Salaries and Wages in the Distress/Crisis Sector

Committee:
May 23
June 27
July 25
August 22
September 26
October 24
November 28

Governance
Committee Meetings:
May 6
May 29
June 19

DCO Board of
Directors Meetings:
Teleconferences at
noon - 2:00 pm:
May 7
May 16 (in-person
meeting)
July 9
September 10
November 12

[Join Our Mailing List!](#)

At the request of several member centres, DCO will be conducting a sector-wide survey of wages and salaries amongst our membership and some related organizations. The survey will be distributed in mid-May with results published in June /July 2013. If you or your centre have specific areas of review or survey that you would like included please let us know. [Read more.](#)



[back to the top](#)

dcontario.org

