

August 2013

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Upcoming Events:

2013 DCO Fall Networking Days
September 19,
1pm - 5pm
September 20,
9am - 5pm
Novotel Hotel, 3670
Hurontario St,
Mississauga, ON
[Click here to register](#)

2013 DCO AGM
September 20,

Light a Candle near a Window at 8 PM on September 10th - World Suicide Prevention Day

September 10th is World Suicide Prevention Day, and this year's theme is "Stigma: A Major Barrier to Suicide Prevention".

The International Association for Suicide Prevention (IASP) and the World Health Organization (WHO) are encouraging people to Light a Candle near a Window at 8 PM to show support for suicide prevention, to remember a loved one lost through suicide, for the survivors of suicide, and for those cannot participate, an opportunity to observe the day in a private and personal way. [Read more.](#)



The Cooperation Clause and How It Affects Your Organization

The Cooperation Clause, sometimes called the "Hammer Clause" can give insurance companies more control in a claim situation than not-for-profits may expect. [Read more.](#)

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Distress Centres Ontario Notice of Annual General Meeting

The 2012/13 Annual General Meeting of Distress Centres Ontario takes place at the Novotel Hotel, Mississauga, Ontario, on Friday, September 20th, 2013 at 5:00 pm. All DCO member centres, their staff, board members, and volunteers are welcome to attend. [Read more.](#)

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Are You Registered for the DCO Fall Networking Days?

Will you join us on September 19th and

5:30 pm (approx.)
Novotel Hotel, 3670
Hurontario St,
Mississauga, ON

2013 SOV
Recognition Dinner
September 20,
6:30 pm
Novotel Hotel, 3670
Hurontario St,
Mississauga, ON
[Click here to register](#)

New content each
month!
learningforums.ca
Get a password
through your centre's
volunteer coordinator.

2013 DCO Committee Meetings:

Board of Directors
Meetings:
September 19, 9 am
(in-person)
September 20,
following AGM (in-
person)
November 13, noon
(teleconference)
January 8, 2014, noon
(in-person)
March 19, 2014
noon (teleconference)

Education
Committee:
Thursdays, 9:30 am
September 26
October 24
November 28

Finance Committee
Meetings: 3:30 pm
September 13
November 8
January 6, 2014
March 12, 2014

Governance
Committee:
September 3 -
tentative

20th for DCO's Networking Days? Come to learn from Alan Strong, Paula Blackstein-Hirsch, and other member centres! DCO is looking forward to the presenting the 2013 Fall Networking Days and seeing our colleagues and friends from our member centres. It's easy to register to attend - just [click here](#) to get to the registration website, and find the program brochure [here](#).

You are also welcome to join us for the Spirit of Volunteerism Recognition Dinner, Friday, September 20th. [Click here](#) to purchase your tickets. [Read more](#).

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Request for Committee Members

Like our member centres need volunteers to operate, DCO relies on volunteers to sit on our committees to move our programs forward and keep our association running smoothly. It's a natural process for committees to go through transitions, with people leaving for various business or personal reasons. These transitions have left us with a few vacancies on Committees of the Membership and we hope you can help! [Read more](#).

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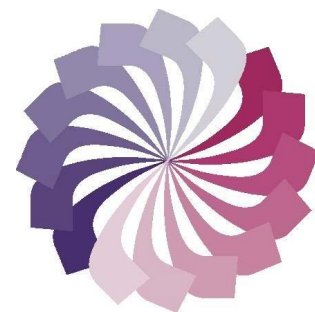
Member Centre News and Upcoming Events

Distress Centres Ontario is pleased to offer our member centres a place to share their news and upcoming events. If your centre has news or would like to promote an event, please contact Jackie Grigsby at jgrigsby@dcontario.org or at 416-486-2242 x362.

Distress Centre Durham
Saturday, September 7th - Distress Centre Durham's [Walk for Suicide](#)
For more information, call 905-430-3511 .

London & District Distress Centre
September 19th, 7 pm - London & District Distress Centre Annual General Meeting
255 Horton Street, London. Call 519-667-6542 for more information.

Thursday, October 10th - World Mental Health Awareness Day
London & District Distress Centre will host [Daybreak 2013: Mental Health in the Workplace](#) from 7 am - 10 am at Best Western Lamplighter Inn, London. Registration: before September 15: \$40; after September 15: \$50. Call 519-667-6542 for more information.



SIOM Oversight
Committee:
TBD

SIOM Working Group
Committee: TBD

Join Our Mailing List!

Distress Centre Niagara
Sunday, September 8th - 8th Annual Suicide Awareness Walk
Visit distresscentreniagara.com for more information.

Distress Centre North Halton
Monday, September 9th - For World Suicide Prevention Day, Distress Centre North Halton is holding a safeTALK training workshop. [Click here](#) to see their poster for more information.

Along with [Distress Centre Oakville](#), [Distress Centre North Halton](#) will officially launch their new marketing video, to run on Cogeco, the region's local TV station. The video will also be available on their centre websites and Facebook pages. Local agencies are asked to place it on their social media.

Ottawa & Region Distress Centre
Sunday, October 20th - Diva Day at Le Nordik Spa & Nature
This strictly-for-ladies fundraiser includes Scandinavian bath access, mini makeovers, mini manicures, personal tarot card readings, treats, a blind auction, and a gift bag for all participants. [Click here](#) for their "save the date" flyer.

Community Torchlight Wellington-Dufferin
Community Torchlight is finalizing plans with the Suicide Awareness Council of Wellington-Dufferin and local hockey teams for special events for World Suicide Prevention Day.

Waterloo & Region Distress Centre
Tuesday, September 10th - Community Butterfly Release
In recognition of World Suicide Prevention Day, this event is presented by Waterloo Region Suicide Prevention Council. See event poster [here](#).

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Another B.A.D. Ride Success for Toronto Distress Centres

The [2013 B.A.D. Ride](#) saw more than 1200 participants join forces with sponsor support to raise over \$200,000 for Toronto Distress Centres. One hundred percent of the money raised by riders goes directly to the Toronto Distress Centres, supporting ongoing programs and new initiatives to enhance access and address gaps in community services to help continue life-sustaining programs for the emotionally vulnerable and at-risk members of the community. Congratulations!



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Congratulations to Windsor-Essex's Distress Centre Executive Director!

DCO would like to take this opportunity to congratulate Rukshini Ponniah, Executive Director of Distress Centre Windsor-Essex, on her recent

wedding! Rukshini and Ben married on August 3rd and enjoyed a pre-honeymoon trip to Hawaii in April.



Rukshini sat on the Board of Directors for DC Windsor Essex from September, 1994 to February, 2006 as a student intern, fundraiser, Secretary, and Vice President. In April, 2006 she took the position of Executive Director at Windsor-Essex.

On behalf of our member centres, DCO wishes Rukshini and Ben much health and happiness as they move into the future together.

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