

May 2013

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Upcoming Events:

DCO 2013 Fall  
Networking Days  
Sept 19: 1 - 5 pm  
Sept 20: 9 am- 5 pm  
Location TBD

DCO 2013 AGM  
Friday, Sept 20  
5:30 pm ( approx.)  
(Location TBD)

SOV Recognition  
Dinner  
Friday, Sept 20  
6:30 pm (approx.)  
(Location TBD)

[Crisis Workers Society  
Ontario Conference](#)  
Hosted by Distress  
Centre Ottawa and  
Region  
June 3, 4

Distress Centre  
Niagara  
First Annual Golf  
Tournament  
Friday, June 7  
Hunters Pointe Golf

## Exploring Aboriginal Issues and Becoming an Ally

Distress Centres Ontario invited Centre for Addiction and Mental Health coordinators, L. Simunovic and A. Benedict, to facilitate Exploring Aboriginal Issues and Becoming an Ally, a one-day course that took place May 15th, 2013. Executive Directors and leaders from throughout Ontario attended the session.

The session focused on learning about one's own cultural values, assumptions, beliefs, and responses regarding the current and historical socio-political experience of Aboriginal people in Canada. Also discussed were the multiple impacts of colonization and holistic strategies developed to address negative health outcomes in Aboriginal communities and build resilience amongst community members. [Read more.](#)



Photo by the Ontario Ministry of Aboriginal Affairs

## Elder Abuse

DCO Education Committee Contribution

Elder Abuse is a very sad and complex issue. The World Health Organization defined it in 2004 as "any action, or deliberate inaction by a person in a position of trust which causes harm to an older person."

Elder abuse exists in all neighbourhoods, in all cultures, and can take place in someone's home, in a long-term care facility, or in the community - where it is easy to hide. Abusers can be a familiar family member, friend, or neighbour, or a professional, such as a lawyer, doctor, or professional care-giver. [Read more.](#)



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## DCO's Strategic Priorities - 2013 - 2016

Distress Centre Ontario's Governance Committee on behalf of your association's Board of Directors prepared the association's direction and

Club, Welland, ON  
[Email for information.](#)

Oakville Distress Centre  
[6th Annual Oakville Civitan Club Charity Golf Classic](#)  
Saturday, June 8  
Glen Abbey

Oakville Distress Centre AGM  
Thursday, June 20  
[Click for more information](#)

Suicide e-library  
DC Toronto  
July, 2013

New content each month!  
[learningforums.ca](#)  
Get a password through your centre's volunteer coordinator.

## 2013 DCO Committee Meetings:

Education Committee:  
June 27  
July 25  
August 22  
September 26  
October 24  
November 28

Governance Committee Meetings:  
June 12, 2 pm

DCO 2013 Board of Directors Meetings:  
July 9, noon (teleconference)  
September 19, 9 am (in-person)  
November 13, noon (teleconference)

priorities in for the coming years. Feedback and information from the latest visioning and planning days were reviewed, and the committee engaged in an updated environmental scan. [Read more.](#)

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## What's Happening at DCO's Member Centres

A selection of member centres shared "What's Happening" in their centres at the DCO Networking Days:

Charles Laframboise, Executive Director of the Distress Centre Ottawa and Region, titled his presentation, "Innovation, Expansion, Relocation - Ottawa

Distress Centre on the Move". Ottawa launched a patient discharge wellness program in September 2012 to connect with patients who were recently discharged from hospital following an admission for a mental health issue. Ottawa is also expanding in conjunction with the Frontenac Community Mental Health Crisis Line to have a 24/7 bilingual service available through Frontenac County. To accommodate this growth they are will be moving to a larger office, within the same building, with renovations to be completed in early June 2013. [Read more.](#)

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## Save the Date!

Following the success of our Spring Networking Days, don't miss the opportunity to join us for our Fall Networking Days. Mark your calendars now so you don't miss the exciting things that are being planned!

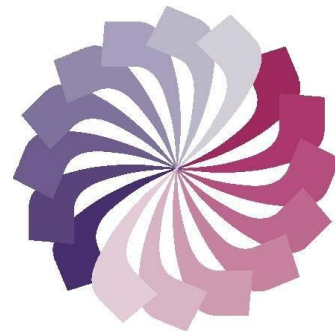
**September 19th, 2013**  
Tentative plans have the Networking Days programming beginning at 1:00 pm and ending at 5:00 pm.

**September 20th, 2013**  
This will be a full day of events, with the meeting tentatively scheduled to begin at 9:00am. Following the Networking Day, DCO will hold their Annual General Meeting at 5:30pm. The day will end with a very special dinner to recognize this year's Spirit of Volunteerism recipients and nominees. Reception will be at 6:00pm with dinner following at 6:30.



distress  
centres  
ontario

MOVING FORWARD THROUGH PARTNERSHIPS



January 8, 2014, noon  
(in-person)  
March 19, 2014, noon  
(teleconference)

The location will be announced in the next newsletter. The timing of these events is tentative but the dates are firm, add them to your calendar now so you don't miss the opportunity to share, learn and network with your colleagues, and celebrate with this year's SOV recipients and nominees.

See you in September!

Join Our Mailing List!

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[dcontario.org](http://dcontario.org)

