



October 2014

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DCO 2014 Fall Conference Highlights: Not-for-Profits and Fundraising 201

By Laura Donatelli
DCO Learning and Development Coordinator

Participants at the DCO 2014 Fall Conference got a boost of energy from a dynamic speaker who had them focusing on Fundraising and Fund Development for their organizations. Janice Moro, New Business Development Manager for Artsmarketing Services Inc., presented Fund Development 201, and got the morning started by having workshop attendees sing a song together to demonstrate their energy and the "energy" needed for fundraising. [Read more.](#)



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DCO 2014 Fall Conference Highlights: Human Resources Management and What Every Not-for-Profit Needs to Know

By Laura Donatelli
DCO Learning and Development Coordinator

Patrick Gauch is a Certified Association Executive and Director of Corporate Services at Supply Chain Management Association. He shared his expertise and his humour with participants at the DCO Fall Conference with a very informative session on Human Resource Management - something he clearly indicated as an important issue for not-for-profits and their success. [Read more.](#)



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Learning Forums: Workplace Bullying

By Laura Donatelli,
DCO Learning and Development Coordinator

Learning Forums has a new learning video available to Distress and Crisis Line workers that focuses on Workplace Bullying. Brenda Lanigan, Program Administrator for The Hope Centre in Welland, presents a candid introduction to workplace bullying through this online video presentation. She makes the viewer aware of the various forms of bullying that could be experienced in the workplace. Brenda shares information and guidance that can provide the distress or



Upcoming Events:

International
Volunteer Manager's
Day: November 5

New content each
month!
learningforums.ca
Get a password
through your centre's
volunteer coordinator.

New Release:
October 2014:
Identifying and
Supporting At-Risk
Youth

November 2014:
Homelessness

Four-part webinar
series: Focus on
Bullying Webinar
Series:
Wednesday nights
from 7 pm - 8 pm in
November

December 2014:
Seeds of Self-Care

2014 DCO Committee Meetings:

ONTX Collaborative
Meeting
November 6
November 12
November 20
November 26
December 4
December 10
December 17

Education Committee
November 27

crisis line worker with resources to support their work on the telephone helplines.
[Read more.](#)

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Celebrating Volunteer Managers Day, November 5, 2014

Volunteers make many not-for-profits strong and successful, but volunteers need people to manage and care for them, and this is where volunteer managers come in. These management professionals play integral roles in our organizations, and we really couldn't do without them. [Read more.](#)



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7th Annual Spirit of Volunteerism Recognition

On Thursday, October 2, Distress Centres Ontario was pleased to host the 2014 Spirit of Volunteerism reception and dinner at the Four Points by Sheraton Toronto Airport in Mississauga. This seventh annual SOV event saw 58 guests, including nominees and recipients, friends and family, along with supporters from our member centres, join us to celebrate and honour our dedicated volunteers. [Read more.](#)



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Learning Forums Is Back With a New Fall Webinar Series: Focus on Bullying

Our next webinar series will be delivered through online learning modules that will extend over the month of November.



For four Wednesdays in November, lead presenter, Jessica Busi will cover various aspects of bullying:

Session 1: Nov. 5 -- Introduction to Bullying

Session 2: Nov. 12 -- Cyber-bullying and Social Media Awareness

Session 3: Nov. 19 -- Bullying and Its Impact on Family

Session 4: Nov. 26 -- Consequences of Bullying and How to Deal With It

[Read more.](#)

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Board of Directors
Meeting
November 12
(teleconference)
January 14, 2015
(teleconference)
March 11, 2015
(in person)

[Join Our Mailing List!](#)

Giving Tuesday: December 2, 2014

You've heard of Black Friday and Cyber Monday? Well here's a new day in the Holiday Season - a day to give back! After the sales of Black Friday and Cyber Monday that have recently arrived in Canada, GivingTuesday is a time to celebrate and encourage activities that support charities and not-for-profits.

In 2013, over 1,300 partners came together for the inaugural GivingTuesday in Canada, a new global movement that is a day of giving that offers an alternative to the rampant consumerism of the holiday season. Whether it's making a donation, volunteering time, helping a neighbour, or spreading the word, GivingTuesday is a movement for everyone who wants to give something back.



[Click here to donate to DCO](#)

Please keep DCO and our program offerings in mind when considering your donations over the holiday season. You can make your donations via the [Canada Helps website](#). For more information, go to the [GivingTuesday website](#). Will you spread the word? #givingtuesdayca

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Selecting Date for the 2015 Spring Conference

Our membership has voted and the most popular dates for the 2015 Spring Conference are:

- March 26 and 27 OR
- April 1st and 2nd OR
- April 2nd and 3rd



Pencil these dates in your calendar and we will confirm the date and location in the next month. Don't miss the chance to attend this information conference and network with your colleagues!

Evaluations from our Fall conference indicate it was well-received:

"Good to gain provincial perspective, network with similar agencies ..."

"... speakers were very dynamic and presented on topics that were different from what I would typically expect from a conference like this, but were still very useful and relevant."

"Overall, I think this was the best and most meaningful DCO conference I've attended in the past eight years of working at the DC."

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Member Centre News & Upcoming Events

Distress Centres Ontario is pleased to offer our member centres a place to share their news and upcoming events. If your centre has news or would like to promote an event, please contact Jackie Grigsby at jgrigsby@dcontario.org or at 416-486-2242 x 362.



[London and District Distress Centre](#) hosts Our Training Direct Education Forum, Saturday, November 8, from 8:00 am to 4:00 pm. Forum presenters will discuss mental health, trauma informed practice, mindfulness, and much more. Goodwill Industries, 255 Horton Street East, London, Ontario.

Please register for this event via email to chantelle@sacl.ca. In the email be sure to select your concurrent sessions for the day.

[London and District Distress Centre](#) held their annual Daybreak event on October 10th. Focused on "Tackling" Mental Health Stigma in Sports, there were educational and interactive workshops designed for coaches, athletes, parents, and youth to discuss how we can lift mental health stigma in sports. Michael Landsberg, host of TSN's "Off the Record" shared his inspirational story of depression and was joined by expert panelists.

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Education Forum
Saturday November 8, 2014
Program at a Glance

Time	Activities
8:00 – 8:30 am	Registration (light breakfast included)
8:30 – 8:45 am	Welcome and Introductions
8:45 to 10:30 am	Keynote Speaker (Jan Hill)
10:30 to 10:45 am	BREAK
10:45 to Noon	Concurrent Sessions A (Select one to attend) 1. Addictions & Harm Reduction 2. Mental Health 3. The Cost of Caring
Noon – 1:00 pm	LUNCH (included)
1:00 – 2:15 pm	Concurrent Sessions B (Select one to attend) 1. Trauma Informed Practice – Part 1 2. The Criminal Court Process: Sexual Assault & Domestic Violence 3. Addictions & Harm Reduction
2:15 – 2:30 pm	BREAK
2:30 – 3:45pm	Concurrent sessions C (Select one to attend) 1. Trauma Informed Practice – Part 2 Note: To attend part 1, you must also attend part 1 2. Human Trafficking 3. Opioids
3:45 to 4:00 pm	Wrap up and Thanks You